

 Chellaram
Diabetes Institute

9th INTERNATIONAL DIABETES SUMMIT 2025

7th – 9th MARCH 2025
JW Marriott, Pune



WITH FACULTY FROM:

Imperial College, London

Cardiff University, UK

Karolinska Institutet, Sweden

University of Leicester, UK

University of London, UK

Gleneagles Hospital, Hong Kong

Monash University, Australia

University of Glasgow, UK

Mayo Clinic, USA

University of Edinburgh, UK

And well-known national faculty too!

APPLIED
FOR MMC
CREDIT
POINTS

In Association with:

API, Pune



International
Diabetes
Federation
Centre of Excellence
in Diabetes Care
2024-25



Chellaram
Diabetes Institute

www.cdidiabetessummit.org | www.cdi.org.in



Scientific Sessions

- **Main Scientific Sessions:**
Will be at the Banting & Best Hall,
JW Marriott, Ballroom Level, Ground Floor
- **Oral Paper Presentations:**
7th & 8th March 2025 at the Macleod Hall and Collip Hall, 1st floor, from 09.30 am onwards
7th & 8th March 2025 at the Macleod Hall and Collip Hall, 1st floor, from 09.30 am onwards

Conference Certificate

- It is mandatory to sign on Registration list for all 3 days to avail the Full MMC Credit Points
- It is mandatory to submit the filled feedback forms while collecting the certificates
- Feedback Forms are provided in the delegate kit bag
- Only present delegates will be given the certificate of participation against their signature on the attendance rooster
- Certificate's will NOT be couriered later, nor will they be handed over to anyone else.

Food & Beverages

- Conference Lunch will be served from 12 noon to 3.00 pm. Meals will be strictly served against the QR-coded conference badges on all dates.
- **7th March 2025:**
Delegate Lunch: Driveway Area, PBC Walkway & First Floor, Pool Deck
Faculty Lunch: Business Center (First Floor)
Dinner: 2nd Floor Pool Deck Area
- **8th March 2025:**
Delegate Lunch: Driveway Area, PBC Walkway & First Floor, Pool Deck
Faculty Lunch: Business Center (First Floor)
Gala Dinner: 2nd Floor Pool Deck Area
- **9th March 2025:**
Delegate Lunch: Driveway Area, PBC Walkway & First Floor, Pool Deck
Faculty Lunch: Business Center (First Floor)
- Entry to food court will be restricted to the registered delegates only
- Please wear your name badge during all conference events.
- Your badge contains your QR code which allows your access to scientific sessions, Exhibition Site, All meals and the gift counter.
- Participants will receive their name badges at the Registration counter. Delegates/ Faculty will have access to scientific areas only against Badge.
- No accompanying Person will be allowed permission to access the scientific halls.
- For security reasons, entry will only be permitted for valid Badge Holders.

Food Coupons

- Additional Lunch Coupons will be charged at Rs 2000/- per coupon per day, please contact the Registration Counter for the same

DIABETES MANAGEMENT: A 2025 UPDATE

Workshop: Science and Art of Strength Training in Diabetes

Moderators: Rucha Mehta, Vedavati Purandare

Session 1: Strength Training and the Muscular System

Chairpersons: Rajesh Javherani, Rajendra Pol

Timings	Topics	Speaker
9.00 – 9.20 am	Introduction to the workshop	Unnikrishnan A G
9.20 – 9.35 am	Case study: body composition in real world diabetes remission	Vedavati Purandare
9.35 - 9.50 am	What is strength training?	Rucha Mehta
9.50 – 10.05 am	Evidence for strength training in diabetes	Lakshmi Nagendra
10.05 – 10.20 am	How to prescribe a muscle friendly diet	Sheryl Salis
10.20 – 11.05 am	Panel discussion: energy and muscle – a diet demonstration	Sheryl Salis, Rutuja Mahajan, Rucha Mehta, Lakshmi Nagendra, Rutuja Ainapure, Bhakti Mujumdar, Vedavati Purandare

Session 2: The Muscle Masterclass Training

Moderators: Vishwas Walavalkar, Parjeet Kaur

Timings	Topics	Speaker
11.05 – 11.30 am	Strength training in young	Prashant Bhalekar, Vishwas Walavalkar & Colleagues
11.30 – 11.55 am	Strength training in the elderly lady	Prashant Bhalekar, Vishwas Walavalkar & Colleagues

Session 3: Medicine and the Muscle

Chairpersons: Ragini Bhake, Lakshmi Nagendra, Shraddha Lumpatki

Timings	Topics	Speaker
12.00 – 12.20 pm	SARM and sarcopenia – is there an emerging story?	Sanjay Kalra
12.20 – 12.40 pm	When not to prescribe or continue testosterone: a case based perspective	Mathew John
12.40 – 12.50 pm	Discussion	
12.50 – 1.45 pm	Lunch	

Conclave on Clinical Diabetology

Diabetes: It is Complicated

Chairpersons: Piyush Lodha, Simpal Kothari

Timings	Topics	Speaker
1.45 – 2.10 pm	Managing diabetes in medically complicated situations	Pankaj Shah
2.10 – 2.35 pm	Genetics, gut microbiota, mood and our diet	Victoria Tan
2.35 – 3.00 pm	Screening/autoantibody testing for type 1 diabetes	Colin Dayan

3.15 – 4.30 pm Inauguration Program

Chief Guest: Dr. Vidya Yeravdekar - Pro-Chancellor, Symbiosis International University, Pune

Guest of Honour: Dr. Kamlesh Khunti - Professor of Primary Care Diabetes and Vascular Medicine at the University of Leicester, UK

Lifetime Achievement Award

Padma Shri Dr. V Mohan

Chairman and Chief of Diabetology at Dr. Mohan's Diabetes Specialities Centre, Chennai
President and Director of the Madras Diabetes Research Foundation



Doing more with Prandial Insulin

Chairpersons: Hemant Manjrekar, Abhijit Baldota

Timings	Topics	Speaker
4.30 – 5.05 pm	Bridging the gaps in PPG control with insulin	Parjeet Kaur

Clinical Diabetology: Perspectives from UK

Chairpersons: Shashi Sangle, Sanjay Kalra

Timings	Topics	Speaker
5.10 – 5.35 pm	The NHS diabetes type 2 diabetes remission programme	Jonathan Valabhji

Precision Diabetes Care

Chairpersons: A. L. Kakrani, Savita Bhat, Harshal More

Timings	Topics	Speaker
5.40 – 6.15 pm	Precision medicine and the future of diabetes care	V Mohan

New Avenues and Approaches to Obesity Care

Chairpersons: Suresh Shinde, Suhas Erande, Gauri Damle

Timings	Topics	Speaker
6.20 – 6.45 pm	Beyond the charts - insights from real world evidence	Esteban Jodar
6.45 – 7.10 pm	SURMOUNT-ing obesity: tirzepatide, SURMOUNT 1&4	V Mohan
7.10 – 7.20 pm	Discussion	

Many faces of the metabolic syndrome

Chairpersons: Sanjay Gandhi, Vedavati Purandare

Timings	Topics	Speaker
7.25 – 7.40 pm	MASLD and diabetes: spotlight on “diabetic liver disease”	Krishna Seshadri
7.40 – 7.55 pm	Metformin in prediabetes: opportunity or overtreatment	Awadhesh Kumar Singh
7.55 – 8.10 pm	Discussion	

ABOUT CHELLARAM DIABETES INSTITUTE

Chellaram Diabetes Institute, a unit of Chellaram Foundation, was established in 2010 with the main objective of creating an IMPACT on the rising cases of Diabetes in India. This objective is sought to be achieved through main pillars - Patient Care, Education, Awareness, Outreach, Research and Publication.

Chellaram Hospital - Diabetes Care and Multispecialty

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Research

For more details visit: www.chellaramresearch.org



Publication

To access the online journal issues visit: www.cdrpj.org



Wellness Center

For more details visit: www.cdi.org.in/wellness-centre/#



Symposium: Case Based Perspective in Diabetology

Case studies in hyper-and hypoglycemia

Chairpersons: Anil Pandit, Alok Modi, Suhail Shaikh

Timings	Topics	Speaker
9.30 - 9.50 am	Secondary diabetes remission post pheochromocytoma therapy	Ankur Sharma
9.50 - 10.10 am	Post-bariatric hypoglycemia and its management	R Dharini
10.10- 10.20 am	Discussion	

Keynote lecture

Chairpersons: Sajal Kamat, Vihita Kulkarni, Swati Tayal Gore

Timings	Topics	Speaker
10.20 - 10.45 am	How technology is "tech-ing" on type 1 diabetes: case-based perspectives	Banshi Saboo

The NMRA Symposium

Chairpersons: Tushar Dighe, Sushil Chavan, Nilima Mane

Timings	Topics	Speaker
10.45 - 11.05 am	Paradigm shift in screening and management of cardio renal complications with T2D	Sanjay Kalra
11.05 - 11.25 am	Pillar-based management of CKD in T2D & role of finerenone – insights from FIDELITY	Deodutta Chafekar
11.25 - 11.45 am	Cardiac benefits of finerenone across the CKD in T2D spectrum and real-world evidence	Prashant Mishra
11.45 - 11.55 am	Discussion	

New Concepts in Diabetes Care

Chairpersons: Vijaya Pandit, Anuja Mahajan, R. Dharini

Timings	Topics	Speaker
12.00 - 12.20 pm	Insights into non hypoglycaemic triple drug combinations	Dakshata Padhye
12.20 - 12.40 pm	Euglycemic diabetic ketoacidosis due to sodium-glucose cotransporter 2 inhibitor use	V K Abichandani
12.40 - 12.50 pm	Discussion	

12.50 - 2.00 pm Lunch

Conclave on Clinical Diabetology

The Promise of Cardio-renal-metabolic Care

Chairpersons: Vasudha Sardesai, Ranjeet Patil

Timings	Topics	Speaker
2.00 - 2.30 pm	Optimizing cardio-renal metabolic care: patient centric perspective	Ameya Joshi
2.30 - 3.00 pm	SURMOUNT-ing obesity: tirzepatide in focus	Krishna Seshadri
3.00 - 3.30 pm	Finerenone + SGLT2i or finerenone vs SGLT2i - which is better?	Ajay Kumar

3.30 - 4.30 pm Inauguration Program (BANTING HALL)

Chief Guest: Dr. Vidya Yeravdekar - Pro-Chancellor, Symbiosis International University, Pune

Guest of Honour: Dr. Kamlesh Khunti - Professor of Primary Care Diabetes and Vascular Medicine at the University of Leicester, UK

Lifetime Achievement Award

Padma Shri Dr. V Mohan

Chairman and Chief of Diabetology at Dr. Mohan's Diabetes Specialities Centre, Chennai
President and Director of the Madras Diabetes Research Foundation

The Annual CGM Lecture

Chairpersons: Vaishali Pathak, Shweta Deshmukh

Timings	Topics	Speaker
4.30 - 4.55 pm	AGP in clinical practice: 3 illustrative cases	Manoj Chawla

Managing Obesity as a Chronic Disease

Chairpersons: Anil Menon, Sandeep Rai

Timings	Topics	Speaker
5.00 - 5.15 pm	STEPping up obesity care with semaglutide 2.4 mg	Shreerang Godbole
5.15 - 5.30 pm	SELECTing outcomes beyond weight loss with semaglutide	Rajesh Badani
5.30 - 5.45 pm	ESSENCE: addressing impact of MASH* in people living with overweight or obesity	Shrikant Mukewar
5.45 - 6.00 pm	Discussion	

New Evidence in Diagnosis and Therapy

Chairpersons: Shashi Singh, Shilpa Bhosale

Timings	Topics	Speaker
6.05 - 6.30 pm	Advanced lipoprotein profile testing in diabetes	Vinaya Simha
6.30 - 6.55 pm	CKD in diabetes : learnings from EMPA kidney	J J Mukherjee

Clinical Diabetology

Chairpersons: Asir Tamboli, Sudhir Patil, Vidya Desai

Timings	Topics	Speaker
7.00 – 7.30 pm	Perioperative optimisation of diabetes	Mimi Chen

The Clinician-Patient-Laboratory Interface

Chairpersons: Govardhan Husale, Prashant Bhalekar, Prachee Deshpande Makashir

Timings	Topics	Speaker
7.35 – 7.55 pm	Clinical utility of NT-proBNP biomarker for assessing cardiac risk in T2DM	Ameya Joshi
7.55 – 8.15 pm	Transforming diabetes care with digital tools: benefits and insights	Om Lakhani
8.15 – 8.25 pm	Discussion	

INTERNATIONAL FACULTY

Imperial College – London, Cardiff University – UK, Karolinska Institutet – Sweden, University of Leicester – UK, University of London – UK, Gleneagles Hospital - Hong Kong, Monash University – Australia, University of Glasgow – UK, Mayo Clinic - USA, University of Edinburgh – UK
And a host of stellar and the best national speakers on Diabetes

*Some of the Best
International Speakers*



Dr. Russell Drummond, UK



Dr. Mimi Chen, UK



Dr. Rebecca Reynolds, UK



Dr. Kamlesh Khunti, UK



Dr. Jonathan Valabhji, UK



Dr. Victoria Tan, Hong Kong



Dr. Vinaya Simha, USA



Dr. Pankaj Shah, USA



Dr. Bryan PY Yan, Hong Kong



Dr. C. B. Sanjeevi, Sweden



Dr. Colin Dayan, UK

NATIONAL FACULTY

- | | | | | |
|----------------------|---------------------------|-------------------|-------------------|----------------------|
| Aarti Nimkar | Dakshata Padhye | Nikita Sarkar | Rajiv Kovil | Shrikant Mukewar |
| Abhay Khode | Deodatta Chafekar | Nupur Lalvani | Rucha Mehta | Sruti Chandrasekaran |
| Ajay Kumar | Harshal Ekatpure | Om Lakhani | Rutuja Ainapure | Subhankar Chowdhury |
| Ajit Mullasari | J J Mukherjee | Parjeet Kaur | Rutuja Mahajan | Sudeep Jain |
| Ameya Joshi | Jothydev Kesavadev | Pooja Kamthe | Sanket Pendsey | Sunil Sathe |
| Anant Nigam | Kalyan Kumar Gangopadhyay | Prashant Bhalekar | Sanjay Agarwal | Uday Phadke |
| Ankur Sharma | Krishna Seshadri | Prashant Mishra | Sanjay Gupte | Unnikrishnan AG |
| Archana Juneja | Lakshmi Nagendra | Purvi Chawla | Sanjay Kalra | V K Abichandani |
| Ashutosh Pakale | Manish Bothale | R Dharini | Santosh | V Mohan |
| Awadhesh Kumar Singh | Manoj Chadha | Ragini Bhake | Ramakrishnan | Varsha Jagtap |
| Banshi Saboo | Manoj Chawla | Rahoul Sawant | Sharvil Gadve | Vedavati Purandare |
| Beatrice Anne | Mathew John | Rajesh Badani | Sheryl Salis | Vishwas Walavalkar |
| Bhakti Mujumdar | Meenakshi Deshpande | Rajesh Javherani | Shailaja Kale | |
| C K Ponde | Mohan Shenoy | Rajesh Kesavan | Shreerang Godbole | |

Conference on Therapeutic Diabetology

Insulin Therapy Beyond Prescription: A Workshop

Chairpersons: Vaishali Chavan, Manasi Harale

Timings	Topics	Speaker
8.00 - 8.15 am	Beyond the basics: unlocking precision in insulin injection	Harshal Ekatpure
8.15 - 8.30 am	Managing insulin on the go: smart tips for travel	Vedavati Purandare
8.30 - 8.45 am	Setting and we adjusting of basal and bolus insulin for bolus control	Om Lakhani
8.45 - 9.00 am	Discussion	

Cardiovascular Medicine: Changing Trends

Chairpersons: Anu Gaikwad, Suhas Khaire

Timings	Topics	Speaker
9.00 - 9.25 am	A three step approach for treatment of patients with worsening heart failure	Abhay Khode
9.25 - 9.50 am	Changing trends in lipid management	Sunil Sathe

What is new about SGLT2i ?

Chairpersons: B. B. Harshe, Jitendra Ingole, Pushkar Khair

Timings	Topics	Speaker/ Panellist
9.55 - 10.35 am	SGLT2i unplugged- know anything & everything - Panel discussion	Awadhesh Kumar Singh, Ajay Kumar, Uday Phadke

A Silver Lining for Type 1 Diabetes

Chairpersons: Shailesh Deshpande, Gourish Karande

Timings	Topics	Speaker
10.40 - 11.05 am	Immunotherapy and beta cell preservation in type 1 diabetes	Colin Dayan

Frontiers in Diabetes

Chairpersons: H. B. Prasad, Prashant Bhalekar, Meeta Burande

Timings	Topics	Speaker
11.05 - 11.35 am	Is prevention of microvascular complications still a priority?	Kamlesh Khunti
11.35 - 12.00 pm	The utility of the endobarrier device in management of patients with diabetes	Russell Drummond

Diabetes, Lipids and Vascular Care

Chairpersons: Manisha Deshmukh, Sudam Khedkar

Timings	Topics	Speaker
12.05 - 12.25 pm	Lipoprotein(a): clinical scenarios and practical tips	Ajit Mulasari
12.25 - 12.45 pm	Advances in limb salvage for critical limb ischemia in diabetic patients	Bryan Yan
12.45 - 12.55 pm	Discussion	

Agonism-Inhibitors Therapy with Medications

Chairpersons: R. T. Borse, Ashutosh Pakale

Timings	Topics	Speaker
1.00 - 1.25 pm	PPAR and SGLT2i: diabetes care with an agonist-inhibitor combination!	Ajay Kumar
1.25 - 2.30 pm	Lunch	

Seminar on Frontiers in Clinical Care in diabetes

The Annual Thyroid Symposium

Chairpersons: Pramod Umarji, Vineet Rao, Aditya Yeolekar

Timings	Topics	Speaker
2.30 - 2.45 pm	Managing subclinical hypothyroidism – illustrative case studies	Subhankar Chowdhury
2.45 - 3.00 pm	Choosing the right patient end dose for T3 therapy	Manoj Chadha
3.00 - 3.15 pm	Hypothyroidism and cardiovascular disease – a clinical perspective	Archana Juneja
3.15 - 3.30 pm	Discussion	

Frontiers in Clinical Care

Chairpersons: Sudhir Kumar Mundle, Sandeep Kulkarni

Timings	Topics	Speaker
3.35 - 3.55 pm	Hypoglycemia in people without diabetes	Russell Drummond
3.55 - 4.15 pm	Dietary manipulation in irritable bowel syndrome and GERD	Victoria Tan
4.15 - 4.35 pm	MASLD and role of dual PPAR agonist	Om Lakhani
4.35 - 4.50 pm	Discussion	

Special Session

Chairpersons: Yogesh Kadam, Sonali Bhojane

Timings	Topics	Speaker
4.55 - 5.20 pm	Insulin and diabetes	Uday Phadke

Keynote Lecture

Chairpersons: Nitin Gade, Sonali Salvi

Timings	Topics	Speaker
5.25 - 5.45 pm	Exploring GLP-1RAs beyond glycemic control: cardio-kidney-metabolic benefits	JJ Mukherjee
5.45 - 6.05 pm	Degludec: setting the standard in basal insulin therapy	Om Lakhani

New Ideas in Diabetes Management

Chairpersons: Rohini Rokkam, Jyoti Gulati, Preeti Phatale

Timings	Topics	Speaker
6.10 - 6.30 pm	Managing type 2 diabetes in young person	Mimi Chen
6.30 - 6.50 pm	When is type 1 diabetes secondary?	C B Sanjeevi
6.50 - 7.00 pm	Discussion	

Insulin-Incretin Symposium

Chairpersons: Ravindra Kiwalkar, Ashwini Joshi, Ankur Sharma

Timings	Topics	Speaker
7.05 - 7.25 pm	Do GLP-1RAs hold the promise of becoming the next standard of care in diabetes and cardiovascular disease management?	Kalyan Kumar Gangopadhyay
7.25 - 7.45 pm	Innovative alchemy: transforming diabetes therapy with IDegAsp co-formulation	Ajay Kumar



Conference on Therapeutic Diabetology

Ketosis, Diabetes and Obesity

Chairpersons: Rahul Dhope, Sudeep Jain

Timings	Topics	Speaker
9.00 - 9.20 am	Adolescent obesity: a clinical perspective	Purvi Chawla
9.20 - 9.40 am	Ketoacidosis in pancreatic diabetes	Prashant Bhalekar
9.40 - 9.55 am	Discussion	

Unique Experiences from UK and India

Chairpersons: Rajesh Deshmane, Prashant Patil

Timings	Topics	Speaker
10.00 - 10.25 am	New models of diabetes care- learning from UK	Kamlesh Khunti
10.25 - 10.55 am	Sulphonylurea – the longest serving class of oral antidiabetic drugs	Mathew John

Three Topics on Therapeutic Diabetology

Chairpersons: Shubhangi Kanitkar, Amit Asalkar, Preeti Gholap

Timings	Topics	Speaker
11.00 - 11.15 am	Heart failure, hemoglobin and SGLT2 is there an emerging story	C K Ponde
11.15 - 11.30 am	Prandial glucose control with insulin - clinical pearls	Rajiv Kovil
11.30 - 11.45 am	Harnessing the gliflozin and glitazone synergy in clinical practice	Krishna Seshadri
11.45 - 12.00 pm	Discussion	

The Thyroid Masterclass

Chairpersons: Madhulika Mahashabde, Ragini Bhake

Timings	Topics	Speaker
12.05 - 12.30 pm	Interplay between metabolic syndrome and hypothyroidism: towards an evidence-based synergistic management approach	Sharvil Gadve

Diabetic Foot: A Clinical Perspective

Chairpersons: Mahesh Pai, Amit Burande, Ravindra Panse

Timings	Topics	Speaker
12.30 - 12.55 pm	Esmolol therapy for diabetic foot ulcer	Rajesh Kesavan
12.55 - 1.20 pm	Diabetic foot disease and associated mortality in England	Jonathan Valabhji

1.20 pm – 2.00 pm Lunch

Seminar on Frontiers in Clinical Care in diabetes

Keynote Lecture

Chairpersons: Atul Joshi, Shripad Bhat

Timings	Topics	Speaker
2.00 - 2.25 pm	Imeglinin in clinical practice: a novel, dualistic approach	Krishna Seshadri

Advances in CVD care

Chairpersons: Aniket Gadre, Aniket Joshi

Timings	Topics	Speaker
2.30 - 2.50 pm	New treatment in lipid management	Sunil Sathe
2.50 - 3.10 pm	Management of hospitalized HFrEF patients with right GDMT: case based discussions	Rahoul Sawant
3.10 - 3.15 pm	Discussion	

Weight loss and the GLP-GIP Synergy

Chairpersons: Anita Basavraj, Deependra Chaudhari

Timings	Topics	Speaker
3.20 - 3.35 pm	The rise of GIP-from biology to medicine	Anant Nigam
3.35 - 3.50 pm	Early weight loss: transforming the T2D path with tirzepatide	JJ Mukherjee
3.50 - 4.15 pm	SURPASS: paving the way to target HbA1c & weight	Santosh Ramakrishnan
4.15 - 4.20 pm	Discussion	

Diabetes and Obesity – Special Situations

Chairpersons: Mayura Kale, Sarita Kulkarni, Shilpa Sule

Timings	Topics	Speaker
4.25 - 4.55 pm	Diabetes specific nutrition as a part of standard of care in diabetes management	Rucha Mehta
4.55 - 5.25 pm	Management of obesity in pregnancy	Rebecca Reynolds

Diabetes and Ketosis: A Different Take

Chairpersons: Vedavati Purandare, Ragini Bhake

Timings	Topics	Speaker
5.30 - 5.55 pm	Ketosis prone diabetes	Ashutosh Pakale

Indo-UK Session on Endocrinology

Chairpersons: Vinayak Harale, Manish Bothale

Timings	Topics	Speaker
6.00 - 6.25 pm	Managing diabetes in a person after transplantation	Pankaj Shah
6.25 - 6.50 pm	Adrenal insufficiency: a 2025 update	Ragini Bhake

Frontiers in Diabetes and Endocrinology

Chairpersons: Anil Boralkar, Yogeshwar Kalkonde, Anjali Bhatt

Timings	Topics	Speaker
6.55 - 7.20 pm	Non-obese type 2 diabetes – is it a form of lipodystrophy?	Vinaya Simha
7.20 - 7.45 pm	MASLD in type 1 diabetes	Sanjay Agarwal
7.45 - 8.15 pm	Emergencies in diabetes and endocrinology – case based approach	Mohan Shenoy

ORGANIZING COMMITTEE



Patron

Lal L Chellaram

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Manish Bothale
R. Dharini
Sudeep Jain

Secretariat

Shraddha U. Mahajan

Symposium on Diabetes, Endocrinology and Women's Health

Thyroid Disorders in Pregnancy

Chairpersons: Kalyani Patil, Anuja Agashe

Timings	Topics
9.00 – 9.30 am	Introduction to the symposium
9.30 - 10.00 am	Hypothyroidism in pregnancy

Speaker
Unnikrishnan A G
Beatrice Anne

Dysbiosis and GDM: Novel Research from India

Chairpersons: Meenakshi Deshpande, Priyamvada Shah, Shubhashree Patil

Timings	Topics
10.00 - 10.30 am	Dysbiosis in GDM – a clinical perspective

Speaker
Sanjay Gupte

Unique Aspects of Diabetes in Pregnancy

Chairpersons: Ajit Tambolkar, Kedar Marathe

Timings	Topics
10.35 - 10.55 am	Pre-pregnancy glycemic management in type 2 DM
10.55 – 11.15 am	Potential challenges of type 1 diabetes in pregnancy
11.15 – 11.25 am	Discussion

Speaker
Vinaya Simha
Rebecca Reynolds

Case discussion: Diabetes in Pregnancy

Moderator: Ragini Bhake

Timings	Topics
11.30 - 12.05 pm	Case presentation on diabetes in pregnancy

Panellist
Sanjay Gupte, Aarti Nimkar, Meenakshi Deshpande, Sruti Chandrasekaran, Vedavati Purandare

The Prolactin Hormone in Health and Disease

Chairpersons: Hemant Phatale, Usha Marathe, Suganthi Kumaran

Timings	Topics
12.10 - 12.40 pm	Prolactin - physiology, pathophysiology, pitfalls and treatment

Speaker
Russell Drummond

Pregnancy Endocrinology

Chairperson: Charushila Dhole

Timings	Topics
12.45 – 1.15 pm	Endocrine complications of pregnancy

Speaker
Rebecca Reynolds

1.15 pm **Valedictory function**

2.00 pm **Lunch**



Symposium on Diabetes, Endocrinology and Women's Health
The Chellaram Diabetics Institute Annual Technology Symposium

CGM, Pumps and Sensors

Moderators: Vedavati Purandare, Rutuja Mahajan

Timings	Topics	Speaker
8.30 - 8.45 am	How to apply a CGM sensor correctly	Nikita Sarkar, Pooja Kamthe
8.45 - 9.15 am	Demonstration of different CGMs and pumps	Nupur Lalwani, Manish Bothale Nikita Sarkar, Pooja Kamthe

The Practical Insulin Workshop

Chairpersons: Bharat Purandare, Shabnam Mulani, Shrikant Kasar

Timings	Topics	Speaker
9.20 - 9.35 am	CGM in ICU – what could go wrong?	Rajesh Javherani
9.35 - 9.50 am	Injection techniques – what is wrong	Sudeep Jain
9.50 - 10.05 am	Clinical impact of insulin thermostability – international data from India	Sanket Pendsey
10.05 - 10.20 am	Discussion	

Forgive, Forget and Automate: Special Session

Chairpersons: Vikrant Gosavi, Ravindra Sethiya, Sadanand Raut

Timings	Topics	Speaker
10.25 - 10.40 am	The key principles of pumping insulin	Varsha Jagtap
10.40 - 10.55 am	Algorithm driving insulin delivery	Sharvil Gadve
10.55 - 11.10 am	AID milestone: a milestone on the road to insulin independence	Jothydev Kesavadev
11.10 - 11.25 am	Conversation straight from the heart	Panel discussion

Keynote Lecture

Chairpersons: Satyanand Kadloor, Shridhar Khajindar, Kundan Khamkar

Timings	Topics	Speaker
11.30 - 12.00 pm	The use of c-peptide testing in clinical practice	Colin Dayan

Of Technology and Beyond

Chairpersons: Lata Patil, Mukund Penurkar, Sachin Yadav

Timings	Topics	Speaker
12.05 - 12.30 pm	Acarbose in modern days of diabetes management	Shailaja Kale
12.30 - 12.55 pm	LADA: what is current	C B Sanjeevi
12.55 - 1.20 pm	Self-monitoring of blood glucose – a 2025 perspective	Sruti Chandrasekaran

1.30 pm **Valedictory function**

2.00 pm **Lunch**



ORAL PAPER PRESENTATION

Judges : Vinaya Simha, Ravindra Ghooi, Suresh Shinde, Sarita Mulkalwar, Anil Pandit, Saroj Ghaskadbi, Shrikant Solav, Harshal More, Shailesh Deshpande, Charan Bale, Sushil Chavan, Vikram Aglave, Suganthi Kumaran, Shilpa Bhosale, Gourish Karande, Suruchi Mandrekar, Prasanna Marudwar

COLLIP HALL - 1st Floor

Session 1 (Clinical Science)

DAY 1 | 7th March 2025, Friday | 10:00 am - 01:00 pm

Topics	Speaker
Role of an in-house indigenous synbiotic formulation in inducing changes in metabolic parameters in Indian type 2 diabetes mellitus patients - a pilot study	Sri Janani
Effect of remote ischemic conditioning on albuminuria in adults with diabetes mellitus (Ricadime): a parallel group, double blind, sham controlled, randomized clinical trial	Nishanth Dev
To assess the prevalence of diabetes mellitus in cases of acute coronary syndrome	Aditya Jadhav
Autonomic neuropathy assessment using compass 31 questionnaire in patients with type 2 diabetes mellitus: a single-centre cross-sectional observational study at a tertiary care center in South India	Harini Jayaraman
Clinical profile of patients with type 1 diabetes mellitus at a tertiary care diabetes centre	Mittal Patil
A cross sectional analytical study to compare vitamin d levels in patients with type 2 diabetes mellitus with or without depression (using patient health questionnaire-9)	Simrat Sabharwal
Profile of type 2 diabetes mellitus patients hospitalized for heart failure: a pilot study	Gautami Deshpande
Effectiveness of sitagliptin and sitagliptin + metformin FDC in T2DM Indian patients, stratified by weight, from a real-world retrospective electronic medical record (EMR) based study: pooled analysis in treatment naive patients	Pranav Sheth
Baseline dietary patterns of a traditional diet plus lifestyle intervention study in recently diagnosed type 2 diabetes mellitus patients	Gayatri Kulkarni
Evaluation of nailfold capillaroscopic changes in patients of diabetes mellitus	Shreyash Gulhane
Correlation between liver fibrosis and glycemic control in type 2 diabetes mellitus in urban India	Shruti Gangwani
Clinico-epidemiological profile of diabetic foot disease and correlation the severity of diabetic foot disease with HbA1c	Manisha Kumari
Type 1 diabetes management: comparing diabetes education alone vs. education with continuous glucose monitoring	Vikranti Sailor
A cross sectional analytical study to compare vitamin D levels in patients with type 2 diabetes mellitus	Prajwal Jawanjal
Capitalizing diabetes as a disease in young patients- A hospital based observational study	Rajput Jaypal Gulabsing

Session 2 (Clinical Science)

DAY 1 | 7th March 2025, Friday | 2:00 am - 03:20 pm

Topics	Speaker
Glycemic control and bone health : a comparative study of BMD and glycemic markers	B Sanjana Gayatru
Sarcopenia and it's determinants among urban Indian T2DM and healthy subjects : an exploratory study	Nidhi Sharma
Effect of traditional Indian diet and defined physical activity on body composition in patients with recently diagnosed type 2 diabetes mellitus (baseline and 6 month follow-up)	Shital Manekar
Assessment of knowledge about hypoglycemia among persons with diabetes mellitus or their caregivers	Shital Suranse
Design and initial implementation of a study to understand the clinico- microbiological profile of diabetic foot infections	Amit Singh
Glycemic response of baked functional foods in type 2 diabetes mellitus(T2DM) subjects	Araveti Sumana

ORAL PAPER PRESENTATION

MACLEOD HALL - 1ST FLOOR

Session 1 (Basic Science)

DAY 1 | 7th March 2025, Friday | 10:00 am - 01:00 pm

Topics	Speaker
Protective effects of berberine against diabetes-associated cognitive decline in mice	Mrinal Gupta
In vitro evaluation of polyherbal tea formulations with antidiabetic ingredients: a synergistic approach to diabetes management	Mounika Pandey
Composite millet flakes: a nutritional breakthrough for diabetes management and gluten-free diets	Sai Dharshini S
Chlorogenic acid alleviates insulin resistance induced by hyperinsulinemia in 3t3-L1 adipocytes	Jyothi Kumari P
Advancing diabetes treatment: development of biopolymer-based 3D electrospun scaffolds for enhanced insulin-secreting cell transplantation	Gopinath Packirisamy
Non-invasive molecular signature to differentiate diabetic kidney disease (DKD) from non-diabetic kidney disease (NDKD) and its possible role in pathogenesis	Madhurima Basu
Microrna mediated regulation of the epitranscriptome in the skeletal muscle during diabetes	Radhika Kansal
Investigation on the genetic susceptibility to type 1 diabetes highlights the need of an ancestry-specific risk score in Indians	Alagu Sankareswaran
LncRNA H19, a regulator of DNA methyltransferase 3B (DNMT3B) in the liver during diabetes	Ashima Rizvi
Deep learning-based mitochondrial network segmentation in soft X-ray tomograms	Jitin Singla
Nano-quercetin (nQ)-loaded exosomes derived from adipose stem cells (ADSCs) improve insulin secretion and promote β cell regeneration in rat models	Alok Raghav
Development of Cystatin-C aptamer based diagnostic assay for diabetic retinopathy	Maradani Bhavani Shankar
Obesity-driven microRNA-210-3p from adipose macrophages impairs systemic insulin sensitivity via GLUT4 suppression	Palla Ramprasad
Paper-based diagnostic kit for diagnosis of diabetes ketoacidosis	Chiranjit Ghosh
Bioavailability of omega-3 fatty acid-based nano-emulsion in streptozotocin-nicotinamide induced experimental diabetes and normal healthy rats	Prajakta Sadashiv Gaikwad

Session 2 (Basic Science)

DAY 1 | 7th March 2025, Friday | 2:00 am - 03:00 pm

Topics	Speaker
Development of a sensitive electrochemical immunosensor as a point-of-care device for detection of soluble CD36 - a plausible biomarker for diabetic nephropathy	Jagannathan Venkateseshan
Uncovering the role of tertiary lymphoid organs in the inflammatory landscape: A novel immunophenotype of diabetic foot ulcers	Deboshmita Banerjee
Eyes on the target: Overcoming diabetic retinopathy using cutting-edge drug delivery techniques	Raji Rajesh Lenin
Islet microenvironment in diabetes: from pathophysiology to islet tissue engineering	Md. Asrafuddoza Hazari

MACLEOD HALL - 1ST FLOOR

DAY 3 | 9th March 2025, Sunday | 9:00 am - 11:00 am

The Chellaram Foundation Diabetes Research Award – 2025

FINAL ROUND

Chellaram Foundation Diabetes Research Award - 2025	Basic Science	Clinical Science
1 st Prize	Rs. 2,00,000	Rs. 2,00,000
2 nd Prize	Rs. 1,00,000	Rs. 1,00,000



ORAL PAPER PRESENTATION

COLLIP HALL - 1st Floor

Session 3 (Clinical Science)

DAY 2 | 8th March 2025, Saturday | 9:30 am - 01:00 pm

Topics	Speaker
Prevalence of micro and macrovascular complications in type 2 diabetes patients in a tertiary care center in eastern India	Nibedita Mishra
Enhancing type 2 diabetes management with the functional edible mushroom calocybe indica	Tapasya Anand
Elevated placental inflammation as a mediator of adverse outcomes in gestational diabetes mellitus	Shweta D. Madiwale
Maternal fatty acid metabolites influence cognitive performance in children born to mothers with gestational diabetes mellitus (GDM)	Nikita Joshi
Impact of a traditional Indian diet and lifestyle interventions on insulin resistance and beta cell function in type 2 diabetes: a six-month follow-up study.	Mayura Kale
Short-term effects of brief stair climbing interruptions on postprandial hyperglycemia during prolonged sitting: a randomized cross-over trial	Eswaran.T.P.M
Autoimmune and metabolic profiling in type-1 diabetes mellitus : observations in an Indian cohort	Sourav Das Choudhury
Causes of screen failure among participants screened in a pilot study to evaluate the efficacy and safety of topical phenytoin on diabetic foot ulcers – A retrospective observational study	Vinayak A.
Impact of dietary patterns on lipid profiles in overweight and obese individuals with type - 2 diabetes	Jaya Aherkar- Gawande
Mild cognitive impairment in patients with type 2 diabetes mellitus and its correlation with hba1c levels and carotid artery haemodynamics- a cross sectional study in a tertiary care hospital	Md Wais Ansari
Reliable study	Abhijit Trailokya
Effect of strontium chloride 10% w/w medicated dental cream on blood glucose levels and salivary pH	Abhijit Trailokya
Two image approach captured via non-mydratric fundus camera for diabetic retinopathy screening: real-world evidence using a teleretinal workflow	Aparna Gunda
Prevalence and factors associated with severity of hepatic steatosis and fibrosis using fibroscan assessment in individuals with type 2 diabetes attending a tertiary diabetes care centre.	Varun Damle
Validation of transcranial infrared laser therapy prototype on cognitive function, quality of life in elderly T 2 diabetes population	G Arun Maiya
Risk factors of T2DM in and around pregnancy among women recruited under PGDRD project: the first population-based study in Uttarakhand	Surabhi Mishra

Session 4 (Clinical Science)

DAY 2 | 8th March 2025, Saturday | 2:00 am - 03:20 pm

Topics	Speaker
Correlation of fasting plasma insulin and C - reactive protein levels with anthropometric data in overweight medical school students	Gayatri S
Proportion of patients with systemic inflammation and their characteristics for groups at high cardiovascular risk in phase 3 randomized placebo-controlled trials of Semaglutide (select, soul, flow)	Ashwini R Patil
Phenotypic clustering of type 2 diabetes mellitus: exploring heterogeneity and advancing precision medicine in urban Bangalore	Debalina Sen
Prevalence of sarcopenic obesity and its association with body mass index in individuals without diabetes.	Janhavi Mishra
To study the efficacy and safety of tedizolid in treating soft tissue infections and diabetic foot infections	Milind G Ruke
A retrospective study of use of dermal matrix as skin substitute in diabetic wounds	Milind G Ruke
Beneath the surface: dermatological adverse effects of vildagliptin - a case series	Arjun Mb
Doble edge swords of hereditary spherocytosis with diabetes	Josephin Antoniammal
Continuous glucose monitoring(CGM)-based titration of once-weekly insulin icodec in insulin-naïve individuals with type 2 diabetes(Onwards 9)	Sanat Udyavar
Phase 3 essence trial: semaglutide in metabolic dysfunction associated steatohepatitis (MASH)	Shrikant Mukewar
Vitamin D status among hospitalized diabetic patients, clinically diagnosed as, an acute and ongoing symptomatic COVID-19 infection	Gouri Oram
Comparative study of insulin versus metformin therapy in management of gestational diabetes mellitus	Deepak Bhosle

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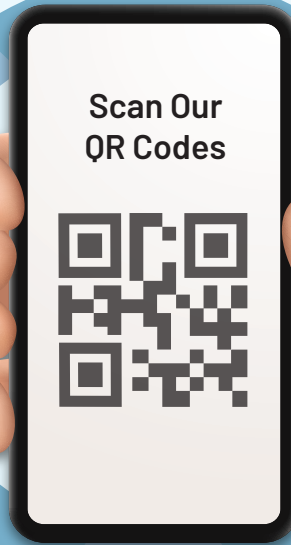
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Contact: Ms. Shraddha U. Mahajan
020-66839771 | 7745015553

E-mail: ids@cdi.org.in



For Registration Contact

Vama Events Pvt. Ltd.

Kohinoor Square Phase I, B Wing, Office No. 1004,
N. C. Kelkar Road, Shivaji Park, Dadar West,
Mumbai - 400028

Tel.: + 022 35131930/31/32/33, 022 46052832

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