

Chellaram Diabetes Institute
International Diabetes Summit 2026
13th to 15th March 2026
Day 1. Banting Hall

MASLD: Practice changing Indian Perspective

Moderator: Krishna Seshadri, Vedavati Purandare, Sandeep Kulkarni, Rucha Mehta, Shafi Kuchay

Session 1

Timings	Topics	Speaker
9.00 – 9.20 am	MASLD: definition and introduction	Unnikrishnan A G
9.20 – 9.40 am	Case study 1 – the diagnosis of MASLD in India	Ragini Bhake
9.40 - 9.50 am	Discussion	

Session 2: Clinical perspectives on MASLD and MASH

Timings	Topics	Speaker
9.55 – 10.20 am	Case 2: a glimpse into the natural history of MASLD	Rucha Mehta
10.20 –10.45 am	The use if FIB-4 for diagnosing MASLD/MASH: a 2026 update	Kamlesh Khunti
10.45 –11.10am	Case 3: what is MetALD and how is it diagnosed	Vedavati Purandare
11.10 –11.20 am	Discussion	

Note: The audience will be provided with handouts of various clinical cases, sometimes with appropriate QR codes to calculators. Such as FIB-4 and other useful links. The contents in the handouts shall be discussed in the workshop

Session 3: Imaging and interpretation

Time	Topic	Speaker
11.25 - 11.50 am	Demonstration of fibroscan and writing the full diagnosis	Sandeep Kulkarni, Ragini Bhake, Vedavati Purandare, Shridhar Khajindar

11.50 – 12.10 pm	Nutrition plan in MASLD	Sonal Chandalia
12.10 – 12.35 pm	MASLD and role of dual PPAR agonist	Santosh Ramakrishnan
12.35 – 12.55 pm	Resmetirom and semaglutide 2.4 for MASLD in clinical practice: how to assess the evidence	Shafi Kuchay
12.55 – 1.10 pm	Panel discussion	

1.10 – 2.00 pm – Lunch

Diabetes Management

Time	Topic	Speaker
2.00 – 2.30 pm	Why we do not achieve glycemic goals?	Hemraj Chandalia

2.30 pm – 4.45 pm: Premier of “The World is One” a special movie by Chellaram Foundation - followed by Inauguration Program

Diabetes and Technology

Time	Topic	Speaker
4.45 – 5.10 pm	Management of vitamin D deficiency: a 2026 update	Manju Chandran

Keynote Lectures

Time	Topic	Speaker
5.10 – 5.35 pm	Pure GLP-1 agonism, cardio-renal outcomes, and injectable semaglutide: how are they linked?	Sanjay Kalra

Frontiers in Cardiometabolic Disease Therapy

Clinical pearls in diabetology

Time	Topic	Speaker
5.40 – 6.00 pm	Apo B: time to become plan A?	Vinaya Simha
6.00 – 6.20 pm	Obstructive sleep apnea, MASLD and the metabolic syndrome	Shehla Shaikh
6.20 – 6.30 pm	Discussion	

Keynote lecture

Time	Topic	Speaker
6.35 – 7.05 pm	IGlarLixi session	Sanjay Kalra

Breaking Barriers in Obesity Care with Tirzepatide

Moderator – Dr Unnikrishnan A G

Time	Topic	Speaker
7.10 – 7.25 pm	Unravelling obesity: the what, why and how	Shehla Shaikh
7.25 – 7.40 pm	Redefining obesity care with tirzepatide	Krishna Seshadri
7.40 – 7.55 pm	From trials to treatment: integrating tirzepatide into clinical practice	Santosh Ramakrishnan
7.55 – 8.10 pm	Panel Discussion	All speakers

Day 1. Best hall

Time	Topic	Speaker
9.00 – 9.20 am	Case studies in geriatric diabetes care	Sudeep Jain
9.20 - 9.40 am	CGM in DKD in ICU	Mainuddin Khan
9.40 - 10.00 am	Treating hypoglycaemia with GLP 1ra: how and when	R Dharini
10.00 – 10.15 am	Insulin in ICU: a case study	Prashant Bhalekar
10.15- 10.45 am	Discussion	

Finerenone -A disease modifying therapy for heart and kidney protection

Time	Topic	Speaker
10.50 – 11.05 am	Decoding the heart – kidney axis in DKD: a comprehensive clinical approach	Ameya Joshi
11.05 – 11.20 am	Finerenone’ s impact on cardiorenal health: nephrologist’s takeaway’s from FIDELITY	Tarun Jeloka
11.20 – 11.35 am	Strategic cardiovascular management in CKD and T2D: finerenone from HF prevention to treatment	Ajit Menon
11.35 – 11.50 am	Discussion	

Time	Topic	Speaker
11.55 - 12.15 pm	Immunometabolism and inflammation: key driver of metabolic syndrome	Dakshata Padhye
12.15 – 12.35 pm	Interesting case studies from my diabetes clinic	V K Abichandani
12.35 – 12.45 pm	Discussion	

12.45 – 2.00 pm: Lunch

Time	Topic	Speaker
2.00 – 2.20 pm	Bone health in type 2 diabetes: what should clinicians know about management?	Manju Chandran
2.20 – 2.40 pm	How to discuss the science of a GLP-1 prescription with people with obesity focus on semaglutide	Ganapathi Bantwal
2.40 – 2.50 pm	Discussion	

SURPASSing Expectations: Early Management & Dual Agonism in Indian Diabetes Care

Time	Topic	Speaker	Moderator
2.50 – 2.55 pm	Introduction		Shailaja Kale
2.55 – 3.10 pm	Importance of early holistic management in type 2 diabetes & overview of SURPASS 2	Usha Ayyagari	
3.10 – 3.25 pm	Early experience with tirzepatide in Indian setting: patient cases	Nanditha Arun	
3.25 – 3.35 pm	Discussion		

Inauguration Program followed by Tea Break

3.35—4.30 pm

Time	Topic	Speaker
4.30 - 4.55 pm	Quest for improving postprandial glucose control – role of ultra-rapid insulin lispro	Nanditha Arun

Symposium on Hypothyroidism

Time	Topic	Speaker
5.00 - 5.30 pm	Clinical perspectives in the management of subclinical hypothyroidism	Beatrice Anne
5.30 – 6.00 pm	Optimizing hypo management in women: role of patient specific dosing	Tejal Lathia

Keynote Lecture

Time	Topic	Speaker
6.00 – 6.25 pm	Re-evaluating the concept of remission in type 2 diabetes	Kamlesh Khunti

Keynote Lecture

Time	Topic	Speaker
6.30 – 6.55 pm	Interesting endocrine cases from my practice	Uday Phadke

Keynote Lecture

Time	Topic	Speaker
7.00 – 7.25	Ambulatory glucose profile from BGM	Mathew John

Keynote lecture

Time	Topic	Speaker
7.30 – 7.45 pm	Management of heart failure	Sunil Sathe
7.45 – 8.00 pm	Real challenges, real solution with inclisiran	Ajit Mehta
8.00 – 8.10 pm	Discussion	

Day 2. Banting Hall

Integrating Obesity Management in Diabetes practise

Time	Topic	Speaker
8.00 - 8.15 am	How to set up a metabolic care clinic	Om Lakhani
8.15 – 8.30 am	Integrating obesity management in diabetes practice (From Diagnosis to Management)	Nanditha Arun
8.30 – 8.45 am	Counselling skills in OPD practice for metabolic care	Tejal Lathia
8.50 – 9.15 am	Discussion	

Keynote Lecture

Time	Topic	Speaker
9.15 - 10.00 am	Remission of diabetes: a duologue	Vedavati Purandare and Mayura Kale
10.00 -10.30 am	Acarbose in modern day diabetes management	Mohan Magdum

Keynote Lecture

Time	Topic	Speaker
10.30 - 10.55 am	Does pioglitazone have a role in 2026? case studies that illustrate therapy	Anita Nambiar

Keynote Lecture

Time	Topic	Speaker
11.00 - 11.25 am	Pcv20: expanding pneumococcal protection across the diabetic care continuum	Harshal Ekatpure
11.25 - 11.55 am	Holistic approach in the management of patients with type 2 diabetes and CKD	Paola Fioretto

Keynote Lecture

Time	Topic	Speaker
12.00 - 12.30 pm	Legendary experiences in diabetes care	B A. Muruganathan
12.30 – 1.00 pm	Dysvascular diabetic foot - closing the wound gap	Tapish Sahu

12.50– 2.00 pm: Lunch

Keynote lecture

Time	Topic	Speaker
2.00 – 2.15 pm	Refractory hypothyroidism	Uday Phadke
2.15 – 2.30 pm	The case for T3 Therapy	Sanjay Kalra
2.30 - 2.45 pm	Treating subclinical hypothyroidism	Ameya Joshi
2.45 – 3.00 pm	Discussion	

Keynote Lecture

Time	Topic	Speaker
3.05 - 3.30 pm	An update on management for early-onset type 2 diabetes	Shivani Misra

Keynote Lecture

Time	Topic	Speaker
3.35 - 3.55 pm	Improving perioperative diabetes care- latest evidence and guideline updates	Gerry Rayman
3.55 – 4.15 pm	Reimagining pioglitazone in the dapagliflozin era: how to choose the correct patient for combination therapy	Ajay Kumar
4.15 – 4.35 pm	Understanding LADA: a 2026 update	C B Sanjeevi
4.35 – 4.50 pm	Discussion	

Keynote lecture

Time	Topic	Speaker
4.55 - 5.20 pm	Gut to goal : prescribing ezetimibe in the PCSK9-inclisiran era” (molecular insights and case based perspectives)	Ajit Mullasari

Special Session

Time	Topic	Speaker
5.25 - 5.50 pm	Not all beta blockers are same in managing hypertension with diabetes mellitus	Tiny Nair

Keynote lecture

Time	Topic	Speaker
5.55 – 6.20 pm	Glargine U300 session	Krishna Seshadri
6.20 – 6.45 pm	Physical activity and muscle health in the context of modern weight loss therapies: a cause for concern?	Thomas Yates

Diabetes symposium

Time	Topic	Speaker
6.50 - 7.20 pm	The power of one: semaglutide as the ideal first choice for diabetes	Ajay Kumar
7.20 – 7.50 pm	One molecule, many wins: sugars, scales, organs and lives (Duologue)	Om Lakhani & Tejal Lathia

Day 2. Best hall

Keynote Lecture

Time	Topic	Speaker	Chairperson
9.00 - 9.20 am	Role of a physician to prevent blindness- use of a fundus camera & AI in diabetic retinopathy	Malay Parekh	Savita Bhat
9.20 - 9.40 am	Optimizing HF and CKD management by solving the hyperkalemia puzzle	Umapati Hegde & Rahul Sawant	
9.40 – 9.55 am	Discussion		

Keynote Lecture

Time	Topic	Speaker	Moderator
10.00 -10.20 am	Gliclazide reimaged	Beatrice Anne	
10.20 –10.40 am	Grip analysis and sarcopenia: what should clinicians know?	Neeta Deshpande	
10.40 –10.55 am	Discussion		

Keynote lecture

Time	Topic	Speaker
11.00 – 11.15 am	The MASLD–diabetes nexus: early intervention for dual prevention	Krishna Seshadri
11.15 – 11.30 am	Closing the glycemic gap: triple therapy pathways for early, durable control	Ameya Joshi
11.30 – 11.45 am	Silent muscles, silent killer: why exercise is the best low-cost prescription	Lakshmi Nagendra
11.45 –12.00 pm	Discussion	

Keynote Lecture

Time	Topic	Speaker
12.05 - 12.30 pm	Statin intolerance	Vinaya Simha

Obesity Symposium

Time	Topic	Speaker
12.30 – 1.00 pm	Semaglutide: the original weight loss game changer	Krishna Seshadri
1.00 – 1.30 pm	Beyond the dual hype: semaglutide leads the way in weight loss and beyond	Awadhesh Kumar Singh

1.30 pm – 2.00 pm: Lunch

Keynote Lecture:

Time	Topic	Speaker
2.00 – 2.25 pm	Advances in diabetes specific nutrition: elevating the standard of care in diabetes management	Arundhati Dasgupta

Keynote Lecture

Time	Topic	Speaker
2.30 - 2.50 pm	Future treatment options in MASLD	Philip Newsome
2.50 – 3.10 pm	iCGM performance and accuracy standard	Abhijit Bhograj
3.10 – 3.15 pm	Discussion	

Dual Agonism: The New Frontier in Obesity Management

Time	Topic	Speaker	Moderator
3.15 – 3.20 pm	Introduction		
3.20 – 3.35 pm	Dual path to success: tirzepatide in focus	Manas Baruah	Mohan Magdum
3.35 – 3.50 pm	Customizing weight loss: the science of weight loss and regain & initiating tirzepatide in PwD and PwO	Kalyan Kumar Gangopadhyay	
3.50 – 4.00 pm	Discussion		

Real World evidences and Clinical experience on Tirzepatide

Time	Topic	Speaker	Moderator
4.00 – 4.05 pm	Introduction		
4.05 – 4.20 pm	From RCTs to real world evidence	Uday Phadke	Vaishali Deshmukh
4.20 – 4.35 pm	Clinical experience on tirzepatide	Pramila Kalra	
4.35 – 4.45 pm	Discussion		

Keynote lecture

Time	Topic	Speaker
4.40 - 5.05 pm	Prevention of CKD in diabetes	Paola Fioretto
5.05 – 5.30 pm	Clearing the air around inhaled insulin	Uday Phadke

Keynote lecture

Time	Topic	Speaker
5.35 - 6.00 pm	Five (5) questions and answers for CKD in T2DM learnings from EMPA-KIDNEY	Sharvil Gadve

Keynote lecture

Time	Topic	Speaker
6.00 – 6.30 pm	Glargine U 100 session	Anant Nigam

Keynote lecture

Time	Topic	Speaker
6.30 – 6.50 pm	Diabetes at the front door	Gerry Rayman
6.50 – 7.10 pm	Type 5 diabetes: an avatar-hood for MMDM?	C B Sanjeevi
7.10 – 7.20 pm	Discussion	

Keynote lecture

Time	Topic	Speaker
7.20 - 7.40 pm	Secondary diabetes: a case trilogy	Mohan Shenoy
7.40 – 8.00 pm	Challenges in diagnosis of GDM-Finding the sweet spot	Sanjay Agarwal
8.00 – 8.10 pm	Discussion	

Day 3, Banting Hall

International Symposium on Endocrinology and Women's Health

Session 1: Endocrine Disorders and Women health

Time	Topic	Speaker
9.00 – 9.30 am	Introduction	Unnikrishnan A G
9.30 – 10.00 am	Hyperthyroidism and pregnancy: a clinical perspective	Varsha Jagtap

Session 2: Gestational Diabetes Update 2026

Time	Topic	Speaker
10.00 - 10.20 am	Nutrigenomics in GDM	Sanjay Gupte

Session 3: Obesity and Pregnancy: Current Concepts

Moderator: Ragini Bhake

Time	Topic	Speaker
10.20 - 10.40 am	Weight loss medications and pregnancy: what do we know?	Rebecca Reynolds
10.40 – 11.00 am	Discussion on obesity and female reproductive system	Rebecca Reynolds, Vedavati Purandare, Sanjay Gupte, Ragini Bhake

Session 4: Pre-conception management of diabetes

Time	Topic	Speaker
11.05 - 11.25 am	Preparing women with type 2 diabetes for pregnancy	Shivani Misra
11.25 – 11.45 am	Pre-conception preparation for women with in type 1 diabetes	Rebecca Reynolds
11.45 – 11.55 am	Discussion	

Session 5: Postmenopausal Osteoporosis

Time	Topic	Speaker
12.00 - 12.20 pm	Post-menopausal osteoporosis: how should physicians and gynaecologists approach it?	Lakshmi Nagendra

Session 6: Glycemic Monitoring, Gestational Diabetes and Precision Care

Time	Topic	Speaker
12.20 – 12.40 pm	From SMBG to CGM: advancing glucose monitoring in gestational diabetes	Julia Mader
12.40 – 1.00 pm	Precision gestational diabetes – opportunities for a stratified treatment approach?	Rebecca Reynolds
1.00 – 1.15 pm	Discussion	

1.15 pm - Valedictory function

2.00 pm Lunch

Day 3, Best Hall

Moderator: Gayatri Kulkarni, Pooja Kamthe, Nikita Sarkar

Time	Topic	Speaker/Panellist
8.00 – 9.00 am	Using AI and other technologies for carbohydrate counting – a visual interpretation guide	Abhirup Bhattacharjee Sheryl Salis Rutuja Mahajan Rutuja Ainapure Amit Kumar Dey

Keynote Lecture

Time	Topic	Speaker
9.00 – 9.20 am	Food swaps in clinical practice	Rutuja Mahajan
9.20 – 9.40 am	Dietary insights into type 1 diabetes care	Sheryl Salis
9.40 – 10.00 am	A critical look at insulin protocols and diabetes in ICU	Rajesh Javherani
10.00 – 10.15 am	Discussion	

Technology and Beyond

Time	Topic	Speaker
10.20 – 10.45 am	3 real world situations that I use in AI	Amit Kumar Dey

Keynote lecture

Time	Topic	Speaker
10.50 – 11.15 am	Closing the loop in T1D Pregnancy: the promise and pitfalls of automated insulin delivery	Julia Mader
11.15 – 1.55 am	Expanding the horizons of automated insulin delivery systems	Santosh Ramakrishnan

Keynote lecture

Time	Topic	Speaker
12.00 – 12.30 pm	Imeglimin: a powerhouse approach to type 2 diabetes	Anoop Misra
12.30 – 1.00 pm	Sleep and diabetes: the cinderella of lifestyle medicine	Thomas Yates

1.00 pm - Valedictory function

2.00 pm Lunch