



# INTERNATIONAL DIABETES SUMMIT 2026

13<sup>th</sup> - 15<sup>th</sup> MARCH 2026  
Friday - Sunday | JW Marriott, Pune



A REPORT



Chellaram  
Diabetes Institute



# Report – 10<sup>th</sup> International Diabetes Summit 2026

The 10<sup>th</sup> International Diabetes Summit -2026 (IDS) was organized by Chellaram Diabetes Institute from 13<sup>th</sup> – 15<sup>th</sup> March 2026 at Hotel J W Marriott, Pune.

The summit was a grand success, attracting over **3,000 registrations** and achieving an impressive attendance of **2,800 delegates**. More than **70 speakers** from across India, along with **10 distinguished international faculty members** from the US and Europe, and **130 chairpersons**, contributed significantly to the success of the event.

The Run for Diabetes Awareness also witnessed an overwhelming response, with **600 registrations** and participation from more than **550 attendees**.

The three days of the summit saw wide-ranging scientific discussions and knowledge sharing deliberations on practical strategies to address the rising burden of diabetes and its complications in India and the world over.

The International Diabetes Summit was inaugurated by:

Dr. Vinky Rughwani (Administrator of the Maharashtra Medical Council, Mumbai, Member of the National Sickle Cell Elimination Mission under the Ministry of Health and Family Welfare, Government of India, and President of the Thalassemia and Sickle Cell Society of India). Dr. Vinky Rughwani emphasized the need for a strong system that promotes extensive discussion, research, and innovation to address this issue, Mr. Prakash Bhoopatkar (Vice Chairman, Chellaram Foundation), Dr. A.G. Unnikrishnan (CEO of Chellaram Diabetes Institute) and Wing Commander (Dr.) Harshal More (Retd.) (CMD of Chellaram Hospital) graced the ceremony with their presence.

During the event, Dr. Carani B. Sanjeevi (Professor at the Karolinska Institutet, Sweden, and head of the Diabetes Immunology research group at the Center for Molecular Medicine at Karolinska University Hospital in Stockholm) was felicitated with the Lifetime Achievement Award in recognition of his outstanding contribution in the field of diabetes research.

The scientific sessions focused on key issues namely managing diabetes complications, cost-effective diabetes care, emerging advances in treatment, and the increasing role of technology in diabetes management.

Several eminent international speakers from leading institutions like the Mayo Clinic in the United States; King's College London, Imperial College London, University of Suffolk, University of Leicester, and University of Edinburgh in the United Kingdom; the Medical University of Graz in Austria; and the National University of Singapore; participated in the summit along with more than 70 renowned Indian faculty members, making the event a truly global platform for advancing diabetes care.

The summit also featured specialized workshops on Artificial Intelligence in Diabetes and Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD) in Diabetes, as well as a symposium focusing on Endocrinology and Women's Health, highlighting emerging clinical challenges and research developments in these areas.



# Highlights of the conference

Workshop on  
MASLD in  
Diabetology



A special  
symposium on  
"AI in Nutrition  
and Health  
Care"



Workshop on  
Endocrinology  
and Women's  
Health



Fitness-Speak  
with  
Milind Soman



Run  
for  
Diabetes



Over 80 young researchers presented their research papers in the free paper sessions, competing for the Chellaram Foundation Diabetes Research Awards 2026 in the Basic and Clinical Science categories whose prize amounts were ₹2,00,000 and ₹1,00,000 in each category.

The winners of “**Chellaram Foundation Diabetes Research Award - 2026**” are as given below:

## Basic Sciences – Final Winners

### 1<sup>st</sup> Prize

₹ 2 lakh, Medal and Certificate

Winner

**Harish G S**

IIT, Roorkee

Topic

A tailored silver nanowire hydrogel: Advancing antimicrobial therapy for diabetes wounds

### 2<sup>nd</sup> Prize

₹ 1 lakh, Medal and Certificate

Winner

**Naresh Sachdeva**

PGIMER, Chandigarh

Topic

Prevention of beta cell damage in type-1 diabetes by hybrid exosomes expressing immune checkpoint ligands

### 3<sup>rd</sup> Prize

₹ 25,000, Medal and Certificate

Winner

**Sandeep Kumar  
Vishwakarma**

Deccan College of Medical  
Sciences, Hyderabad

Topic

Mitovesicle-enriched small extracellular nanoparticles from bioengineered humanized insulin producing neo-organs reverse hyperglycemia in a diabetes nephropathy

# Clinical Sciences – Final Winners

## 1<sup>st</sup> Prize

₹ 2 lakh, Medal and Certificate

Winner

**Lakshmi Nagendra**

JSS Medical College, Mysuru

Topic

Beyond BMI: Hidden metabolic-skeletal phenotype clusters in type 2 diabetes in the GLP-1 era

## 2<sup>nd</sup> Prize

₹ 1 lakh, Medal and Certificate

Winner

**Latika Rohilla**

PGIMER, Chandigarh

Topic

Development and evaluation of a culturally-tailored education module for children with type 1 diabetes in resource- constrained settings

## 3<sup>rd</sup> Prize

₹ 12,500, Medal and Certificate

Winner

**Sohini Rajee**

Manipal Academy of Higher Education, Manipal

Topic

Association between cardiac autonomic neuropathy and nephropathy in individuals with Type 2 diabetes mellitus

## 3<sup>rd</sup> Prize

₹ 25,000, Medal and Certificate

Winner

**Akanksha Chavan**

D. Y. Patil Medical College and Hospital, Kolhapur.

Topic

Liver enriched transcription factors in type 2 diabetes fatty liver disease

# Best Case Presentation

1<sup>st</sup> Prize

₹ 12,500, Medal and Certificate

Winner

**Priya Kumari**

AIMS, Raipur

Topic

A giant twist behind hyperglycemia acromegaly presenting as DKA

## Special Recognition Awards - Basic Sciences

Winner

**Vardhan Phadnis**

INSUPATCH: A made-in-India, tubeless, cost-effective, patch-style insulin infusion pump with novel delivery technology

Topic

**Alok Raghav**

Regenerative effect of nano-quercetin-loaded desiner exosomes from adipose stem cells on pancreatic  $\beta$ -cell function

**Swaraj Jathar**

Development of a novel glycation-resistant insulin for diabetes therapy

**Dholariya Sagar Jayantilal**

AI-driven integration of urinary tubular and glomerular biomarkers for early and precise detection of diabetic kidney disease: Advancing precision diabetes care

## Special Recognition Awards - Clinical Sciences

Winner	Topic
<b>Ashwin Karuppan V</b>	The glycemc wheel – a visual innovation to enhance food literacy and improve glycemc control in type 2 diabetes mellitus
<b>Sandip Kumar Parui</b>	HbA1c-plasma glucose discordance in drug-naive adults: Clinical insights from a retrospective observational study
<b>Kishore Kumar Behera</b>	Prevalence, risk factors, prediction model for sarcopenia in elderly patients with type 2 diabetes: A cross-sectional study.
<b>Prof N Srividya</b>	Lowered postprandial glycemc and insulinemic responses to a pigmented rice-based health mix incorporated meal in obese women: a controlled crossover study
<b>Anoosha Bhandarkar</b>	The sedentary tipping point: Diagnostic utility of Indian diabetes risk score and Ricci-Gagnon physical activity index in revealing the hidden iceberg of dysglycemia among non-physician staff in a tertiary care hospital
<b>Pooja Kamthe</b>	Evaluation of a mobile app - driven approach to glucose self-management in insulin-treated people with diabetes: A pilot study
<b>Pravin Ghadge</b>	Efficacy of semaglutide in weight management in non-diabetes patients: Post-hoc analysis of a phase III study
<b>Manjunath Bidarolli</b>	Weight-Independent Benefits of Semaglutide in MASH
<b>Amit C. Singh</b>	Clinico-microbiological profile of diabetic foot infections at a diabetes specialty hospital

Promoting community awareness about diabetes was another key component of the summit. On Sunday, 15<sup>th</sup> March, around 600 adults, youth and children with type 1 diabetes participated in the “Run for Diabetes”, a 3 km and 5 km marathon organized by Chellaram Diabetes Institute in association with the Blue Circle Diabetes Foundation. The marathon was flagged off by Mr Milind Soman (Actor, model, film producer, and fitness enthusiast), who also participated in subsequent interaction session later and gave a motivational talk. All the participants were given healthy snacks and medals after the event. The event was appreciated by all participants.

The 52 stalls witnessed an excellent support of our corporate partners. The 10<sup>th</sup> International Diabetes Summit was highly appreciated by the attending dignitaries and delegates from medical fraternity

The images below show various dignitaries at the inauguration program:

- Workshops on MASLD in Diabetes, Artificial Intelligence in Diabetes, as well as a symposium focusing on Endocrinology and Women’s Health
- Sessions by National and International speakers, the jam-packed halls, Oral paper presentations Research awards winners in Clinical and Basic categories at the meeting during the valedictory function.

## Workshop on MASLD in Diabetology: Practice changing Indian perspective



**Dr. Unnikrishnan** sharing “Introductory aspects of MASLD in diabetes care



Demonstration of fibroscan and writing the full diagnosis by **Dr. Vedavati Purandare** and team



**Dr. Rucha Mehta** explaining “a glimpse into the natural history of MASLD”

# Inauguration of 10<sup>th</sup> International Diabetes Summit





Chief guest **Dr. Vinky Rughwani** addressing the gathering during inauguration ceremony



Lifetime Achievement Award presented to **Dr. C. B. Sanjeevi**



A special cake-cutting ceremony as we mark the 10<sup>th</sup> anniversary of IDS



“All the World is Green” – Premiere of a special documentary by Chellaram Foundation

## Sessions by International and National Speakers



**Dr. Manju Chandran**, Singapore speaking on “Management of vitamin D deficiency”



Diabetes Remission: A Comprehensive Presentation by **Dr. Vedavati Purandare** and **Dr. Mayura Kale**



**Dr. Shivani Misra, UK** sharing “An update on management for early-onset type 2 diabetes”



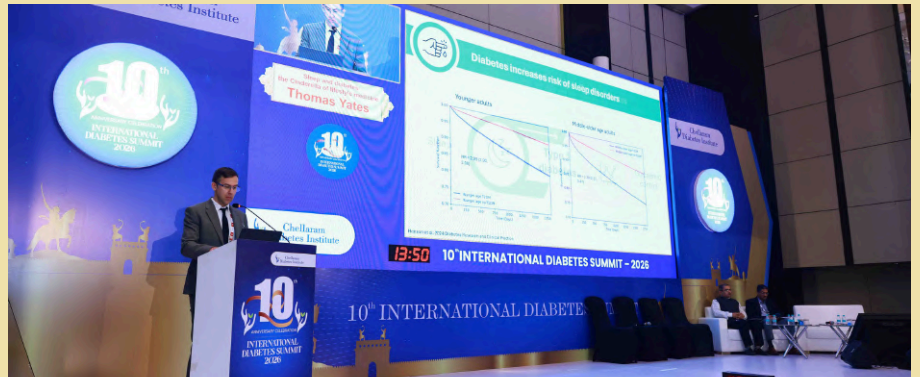
**Dr. Gerry Rayman, UK** explaining the “Improving perioperative diabetes care latest evidence and guideline updates”



**Dr. C. B. Sanjeevi, Sweden speaking on “ Understanding LADA: a 2026 update”**



**Dr. Vinaya Simha, USA speaking on “ Statin intolerance”**



**Dr. Thomas Yates, UK explains “Physical activity and muscle health in the context of modern weight loss therapies”**



**Dr. Rebecca Reynolds, UK speaking on “Weight loss medications and pregnancy”:**



**Dr. Julia Mader, UK** explaining “Closing the loop in T1D pregnancy”



**Dr. Kamlesh Khunti, UK** explaining “Clinical perspectives on MASLD and MASH”

## Sessions by National Speakers



**Dr. Sanjay Kalra** speaking on “Insulin-Incretin Symphony in Daily Diabetology”



**Dr. Mohan Magdum** updating “Acarbose in modern day diabetes management”

## Sessions by National Speakers



Evening Diabetes Symposium – 2026: **Dr. Om Lakhani** and **Dr. Tejal Lathia**



**Dr. Anita Nambiar** explains “Does pioglitazone have a role in 2026?”



**Dr. Lakshmi Nagendra** speaks on “Of muscles, and exercise as a prescription for hypertension”



**Obesity Symposium: Dr. Awadhesh Kumar Singh, Dr. Krishna Seshadri**



**Dr. Abhijit Bhograj** speaks on “iCGM performance and accuracy standard”

## **A special symposium on “AI in Nutrition and Health Care”**



**Mr. Abhirup Bhattacharjee** explaining “Using AI and other technologies for nutrition”



Virtual interpretation guide - Using AI and other technologies for nutrition



**Ms. Sheryl Salis** speaking on “Dietary insights into type 1 diabetes care”



**Dr Rajesh Javherani** explains the “Critical look at insulin protocols and diabetes in ICU”



**Dr. Ajit Mulasari** explains “Gut to goal: prescribing ezetemibe in the pcsk9 inclisiran era”



**Dr. Krishna Seshadri** speaks on “The evidence continuum for second generation basal insulin”

**“Fitness-Speak”: An interactive Q and A : Dr. Unnikrishnan A G and Mr. Milind Soman**





**Medal distribution to inspiring people with diabetes:**



**Ms. Nupur Lalwani** : Founder of the Blue Circle Diabetes Foundation, working actively in the field of diabetes awareness and support.



**Mr. Ravindra Sus:** A 65-year-old person with diabetes who had diabetic kidney disease and underwent a kidney transplant. Post-transplant, he has actively taken up marathon running.



**Elena Khot** - A young person with Type 1 diabetes, associated with the Chellaram Diabetes Institute since her diagnosis at a very young age.



**Ms. Savita Lakhe** - Selected as Organizational Diabetes Champion for this year.



**Mst. Kavya Kalel** - Type 1 Diabetes kid with an HbA1c of 14.2%. With consistent monitoring and commitment to insulin therapy, his HbA1c improved significantly to 6.9% within just three months



**Ms Soumya Dhomane** - diagnosed in 2024 with an HbA1c of 13.8%, achieved a remarkable reduction to 6.1% through dedicated diabetes management.

## Oral Paper Presentations



## Valedictory ceremony

### Award Presentation ceremony

#### Clinical Science - 1<sup>st</sup> prize



**Dr. Lakshmi Nagendra**

JSS Academy of Higher Education and Research

#### Basic Science - 1<sup>st</sup> prize



**Harish G S**

Indian Institute of Technology, Roorkee

## Clinical Science - 2<sup>nd</sup> prize



**Dr. Latika Rohilla**  
PGIMER

## Basic Science - 2<sup>nd</sup> prize



**Dr. Naresh Sachdeva**  
PGIMER

## Best clinical case presentation



**Dr. Priya Kumari**  
All India Institute Of Medical Sciences, Raipur  
Best Clinical Case Presentation

Some pictures from the "Run for Diabetes" event





**As we celebrate the 10th IDS, the exemplary display of teamwork under the leadership of Dr. Unnikrishnan AG and Dr. Harshal More has been truly impressive, reflecting the caliber and professionalism of the CDI family.**

## **Team CDI !!**

